

ПОЛОЖЕНИЕ

о проведении заочного личного первенства МБОУ ДО ДЮСШ
по общей физической подготовке среди обучающихся

1. Цели и задачи
 - Пропаганда здорового образа жизни
 - Популяризация физической культуры и спорта
 - Проверка уровня подготовки обучающихся
2. Руководство проведением соревнований
Общее руководство осуществляет администрация ДЮСШ, непосредственную организацию и проведение соревнований осуществляют тренеры-преподаватели ДЮСШ.
Главный судья соревнований Кунц О.В.
3. Место, время.
Соревнования проводятся заочно в местах образовательной деятельности во время проведения учебно-тренировочных занятий, до 28.09.2020 г.
4. Условия и порядок проведения соревнований
 - Тренер-преподаватель в группах на учебно-тренировочных занятиях принимает контрольные нормативы, выявляет победителей и предоставляет протоколы приема контрольных нормативов, главному судье соревнований.
5. Участники соревнований
К участию в соревнованиях допускаются обучающиеся ДЮСШ. Контрольные нормативы принимаются по 5-ти возрастным группам 8-9 лет, 10-11 лет, 12-13 лет, 14-15 лет, 16-18 лет. Возраст определяется по году рождения.
6. Программа соревнований.
Обязательным видом для всех групп является многоборье по общей физической подготовке (далее ОФП):
 - Многоборье по ОФП.
 1. **Сгибание и разгибание рук в упоре «лежа»** (юноши до 12 лет, девушки).
 2. **Подтягивание на перекладине** (юноши с 12 лет)
 3. **Прыжок в длину с места** (юноши, девушки).
 4. **Челночный бег 3x10 м** (юноши, девушки).
 5. **Наклон вперед из положения стоя** (юноши, девушки).
7. Определение победителей.

На основании предоставленных данных подводятся итоги по каждой возрастной группе отдельно среди девушек и юношей.

Результаты в многоборье определяются по сумме набранных очков во всех 4-х видах, отдельно каждого участника.

При равенстве результатов у двух и более участников одного возраста и пола победитель определяется по лучшему результату челночного бега, а при равенстве и этого показателя, победитель определяется по лучшему результату вида (прыжок в длину с места).

Все учащиеся до 11 лет включительно оцениваются по таблице девушек 12 лет.

Таблицы оценки результатов в многоборье прилагаются (приложение № 2).

8. Финансирование

Расходы, связанные с награждением за счет средств МБОУ ДО ДЮСШ.

9. Награждение

Участники, занявшие 1-3 места, награждаются грамотами.

Исп.заместитель директора ДЮСШ О.В. Кунц
тел. 21-976

Протокол
заочного личного первенства МБОУ ДО ДЮСШ
по ОФП среди обучающихся.

Группа _____ тренер-преподаватель _____

| №п. п. | Фамилия Имя | Год рожде ния/ лет | Сгиба ние разгиб ание рук в упоре лёжа | ИЗЪО | Челн бег 3x10м (сек) | ИЗЪО | Подт ягив ание (кол- во раз) | ИЗЪО | Прыжок в длину (см.) | ИЗЪО | Наклон впе-рёд (см.) | ИЗЪО | Всего очков |
|--------|----------------|-----------------------------|--|------|-------------------------------|------|---|------|----------------------------|------|----------------------------|------|----------------|
| 1 | | | | | | | | | | | | | |
| 2 | | | | | | | | | | | | | |
| 3 | | | | | | | | | | | | | |
| 4 | | | | | | | | | | | | | |
| 5 | | | | | | | | | | | | | |
| 6 | | | | | | | | | | | | | |
| 7 | | | | | | | | | | | | | |
| 8 | | | | | | | | | | | | | |
| 9 | | | | | | | | | | | | | |
| 10 | | | | | | | | | | | | | |
| 11 | | | | | | | | | | | | | |
| 12 | | | | | | | | | | | | | |
| 13 | | | | | | | | | | | | | |
| 14 | | | | | | | | | | | | | |
| 15 | | | | | | | | | | | | | |
| 16 | | | | | | | | | | | | | |
| 17 | | | | | | | | | | | | | |
| 18 | | | | | | | | | | | | | |

Дата _____

Подпись тренера _____

ТАБЛИЦА
оценки результатов участников спортивного многоборья (тестов) по ОФП (12 лет)

| Очки | Мальчики | | | | | | | Очки | Девочки | | | | | | | Очки |
|-----------|------------------------|-----------------------|----------------|---------------------------|--------------------------|---|---------------------|-----------|----------------------|-----------------------|----------------|--|--------------------------|----------------------------------|---------------------|-----------|
| | Бег 1000м (мин., сек.) | Челн бег 3х10 м (сек) | Бег 30м (сек.) | Подтягивание (кол-во раз) | Прыжок в длину с/м (см.) | Подъём туловища за 30 сек. (кол-во раз) | Наклон вперёд (см.) | | Бег 1000м (мин, сек) | Челн. бег 3х10м (сек) | Бег 30м (сек,) | Сгибание и разгибание рук в упоре лёжа | Прыжок в длину с/м (см.) | Подъём а за 30 сек. (кол-во раз) | Наклон вперёд (см.) | |
| 70 | 3.00,0 | 6,8 | 4,4 | 23 | 255 | 44 | 29 | 70 | 3.15,0 | 7,2 | 4,6 | 58 | 245 | 40 | 33 | 70 |
| 69 | 3.03,0 | 6,9 | - | 22 | 253 | 43 | 28 | 69 | 3.18,0 | 7,3 | - | 55 | 242 | 39 | 32 | 69 |
| 68 | 3.06,0 | - | 4,5 | 21 | 251 | 42 | 27 | 68 | 3.21,0 | - | 4,7 | 52 | 239 | 38 | 31 | 68 |
| 67 | 3.09,0 | 7,0 | - | 20 | 249 | 41 | 26 | 67 | 3.24,0 | 7,4 | - | 50 | 236 | - | 30 | 67 |
| 66 | 3.12,0 | - | - | 19 | 247 | 40 | 25 | 66 | 3.27,0 | - | 4,8 | 48 | 233 | 37 | 29 | 66 |
| 65 | 3.15,0 | 7,1 | 4,6 | 18 | 245 | - | 24 | 65 | 3.30,0 | 7,5 | - | 46 | 230 | - | 28 | 65 |
| 64 | 3.17,0 | - | - | 17 | 243 | 39 | 23 | 64 | 3.33,0 | - | 4,9 | 44 | 228 | 36 | 27 | 64 |
| 63 | 3.19,0 | 7,2 | - | 16 | 241 | - | 22 | 63 | 3.36,0 | 7,6 | - | 42 | 226 | - | 26 | 63 |
| 62 | 3.21,0 | - | 4,7 | 15 | 239 | 38 | 21 | 62 | 3.39,0 | - | 5,0 | 40 | 224 | 35 | 25 | 62 |
| 61 | 3.23,0 | 7,3 | - | - | 237 | - | 20 | 61 | 3.42,0 | 7,7 | - | 38 | 222 | - | - | 61 |
| 60 | 3.25,0 | - | - | 14 | 235 | 37 | - | 60 | 3.45,0 | - | - | 36 | 220 | 34 | 24 | 60 |
| 59 | 3.27,0 | 7,4 | 4,8 | - | 233 | - | 19 | 59 | 3.48,0 | 7,8 | 5,1 | 34 | 218 | - | - | 59 |
| 58 | 3.29,0 | - | - | - | 231 | 36 | - | 58 | 3.51,0 | - | - | 33 | 216 | 33 | 23 | 58 |
| 57 | 3.31,0 | 7,5 | - | 13 | 229 | - | 18 | 57 | 3.54,0 | 7,9 | - | 32 | 214 | - | - | 57 |
| 56 | 3.33,0 | - | 4,9 | - | 227 | 35 | - | 56 | 3.57,0 | - | 5,2 | 31 | 212 | 32 | 22 | 56 |

| | | | | | | | | | | | | | | | | |
|-----------|--------|-----|-----|----|-----|----|----|-----------|--------|-----|-----|----|-----|----|----|-----------|
| 55 | 3.35,0 | 7,6 | - | - | 225 | - | 17 | 55 | 4,00,0 | 8,0 | - | - | 210 | - | - | 55 |
| 54 | 3.37,0 | - | - | 12 | 223 | 34 | - | 54 | 4.02,0 | - | - | 30 | 208 | 31 | 21 | 54 |
| 53 | 3.39,0 | 7,7 | 5,0 | - | 221 | - | 16 | 53 | 4.04,0 | 8,1 | 5,3 | - | 206 | - | - | 53 |
| 52 | 3.41,0 | - | - | - | 219 | 33 | - | 52 | 4.06,0 | - | - | 29 | 204 | 30 | 20 | 52 |
| 51 | 3.43,0 | - | - | - | 217 | - | - | 51 | 4.08,0 | - | - | - | 202 | - | - | 51 |
| 50 | 3.45,0 | 7,8 | 5,1 | 11 | 215 | 32 | 15 | 50 | 4.10,0 | 8,2 | 5,4 | 28 | 200 | 29 | 19 | 50 |
| 49 | 3.46,0 | - | - | - | 214 | - | - | 49 | 4.11,0 | - | - | - | 199 | - | - | 49 |
| 48 | 3.47,0 | - | - | - | 213 | - | - | 48 | 4.12,0 | - | - | 27 | 198 | - | - | 48 |
| 47 | 3.48,0 | - | - | - | 212 | 31 | - | 47 | 4.13,0 | - | - | - | 197 | 28 | 18 | 47 |
| 46 | 3.49,0 | 7,9 | - | - | 211 | - | 14 | 46 | 4.14,0 | 8,3 | - | 26 | 196 | - | - | 46 |
| 45 | 3.50,0 | - | 5,2 | 10 | 210 | - | - | 45 | 4.15,0 | - | 5,5 | - | 195 | - | - | 45 |
| 44 | 3.51,0 | - | - | - | 209 | 30 | - | 44 | 4.16,0 | - | - | 25 | 194 | 27 | 17 | 44 |
| 43 | 3.53,0 | - | - | - | 208 | - | - | 43 | 4.17,0 | - | - | - | 193 | - | - | 43 |
| 42 | 3.55,0 | 8,0 | - | - | 207 | 29 | 13 | 42 | 4.18,0 | 8,4 | - | 24 | 192 | - | - | 42 |
| 41 | 3.57,0 | - | - | 9 | 206 | - | - | 41 | 4.20,0 | - | - | - | 191 | 26 | 16 | 41 |
| 40 | 3.59,0 | - | 5,3 | - | 205 | 28 | - | 40 | 4.22,0 | - | 5,6 | 23 | 190 | - | - | 40 |
| 39 | 4.01,0 | - | - | - | 204 | - | - | 39 | 4.24,0 | 8,5 | - | - | 188 | 25 | - | 39 |
| 38 | 4.03,0 | 8,1 | - | - | 203 | 27 | 12 | 38 | 4.26,0 | - | - | 22 | 186 | - | 15 | 38 |
| 37 | 4.05,0 | - | - | 8 | 202 | - | - | 37 | 4.29,0 | - | - | - | 184 | 24 | - | 37 |
| 36 | 4.07,0 | - | - | - | 201 | 26 | - | 36 | 4.32,0 | 8,6 | - | 21 | 182 | - | - | 36 |
| 35 | 4.09,0 | - | 5,4 | - | 200 | - | 11 | 35 | 4.35,0 | - | 5,7 | - | 180 | 23 | 14 | 35 |
| 34 | 4.11,0 | 8,2 | - | - | 198 | 25 | - | 34 | 4.38,0 | - | - | 20 | 178 | - | - | 34 |
| 33 | 4.13,0 | - | - | 7 | 196 | - | - | 33 | 4.41,0 | 8,7 | - | - | 176 | 22 | - | 33 |
| 32 | 4.15,0 | - | - | - | 194 | 24 | 10 | 32 | 4.44,0 | - | - | 19 | 174 | - | 13 | 32 |
| 31 | 4.17,0 | 8,3 | - | - | 192 | - | - | 31 | 4.47,0 | - | - | - | 172 | 21 | - | 31 |
| 30 | 4.20,0 | - | 5,5 | - | 190 | 23 | - | 30 | 4.50,0 | 8,8 | 5,8 | 18 | 170 | - | - | 30 |
| 29 | 4.23,0 | - | - | 6 | 188 | - | 9 | 29 | 4.53,0 | - | - | - | 168 | 20 | 12 | 29 |
| 28 | 4.26,0 | 8,4 | - | - | 186 | 22 | - | 28 | 4.56,0 | - | - | 17 | 166 | - | - | 28 |
| 27 | 4.29,0 | - | - | - | 184 | - | - | 27 | 4.59,0 | 8,9 | - | - | 164 | 19 | - | 27 |
| 26 | 4.32,0 | - | 5,6 | - | 182 | 21 | 8 | 26 | 5.02,0 | - | 5,9 | 16 | 162 | - | 11 | 26 |

| | | | | | | | | | | | | | | | | |
|-----------|--------|------|-----|---|-----|----|----|-----------|--------|------|-----|----|-----|----|----|-----------|
| 25 | 4.35,0 | 8,5 | - | 5 | 180 | - | - | 25 | 5.05,0 | - | - | - | 160 | 18 | - | 25 |
| 24 | 4.38,0 | - | - | - | 178 | 20 | 7 | 24 | 5.08,0 | 9,0 | - | 15 | 158 | - | - | 24 |
| 23 | 4.41,0 | - | - | - | 176 | - | - | 23 | 5.11,0 | - | - | - | 156 | 17 | 10 | 23 |
| 22 | 4.44,0 | 8,6 | 5,7 | - | 174 | 19 | 6 | 22 | 5.14,0 | 9,1 | 6,0 | 14 | 154 | - | - | 22 |
| 21 | 4.47,0 | - | - | 4 | 172 | - | - | 21 | 5.17,0 | - | - | - | 152 | 16 | - | 21 |
| 20 | 4.50,0 | 8,7 | - | - | 170 | 18 | 5 | 20 | 5.20,0 | 9,2 | - | 13 | 150 | - | 9 | 20 |
| 19 | 4.54,0 | - | - | - | 168 | - | - | 19 | 5.24,0 | - | 6,1 | - | 148 | 15 | - | 19 |
| 18 | 4.58,0 | 8,8 | 5,8 | - | 166 | 17 | 4 | 18 | 5.28,0 | 9,3 | - | 12 | 146 | - | - | 18 |
| 17 | 5.02,0 | - | - | 3 | 164 | - | - | 17 | 5.32,0 | - | - | - | 144 | 14 | 8 | 17 |
| 16 | 5.06,0 | 8,9 | - | - | 162 | 16 | 3 | 16 | 5.36,0 | 9,4 | 6,2 | 11 | 142 | - | - | 16 |
| 15 | 5.10,0 | - | 5,9 | - | 160 | - | - | 15 | 5.40,0 | - | - | - | 140 | 13 | 7 | 15 |
| 14 | 5.14,0 | 9,0 | - | - | 157 | 15 | 2 | 14 | 5.44,0 | 9,5 | - | 10 | 138 | - | - | 14 |
| 13 | 5.18,0 | - | 6,0 | 2 | 154 | - | - | 13 | 5.48,0 | - | 6,3 | - | 136 | 12 | 6 | 13 |
| 12 | 5.22,0 | 9,1 | - | - | 151 | 14 | 1 | 12 | 5.52,0 | 9,6 | - | 9 | 134 | - | - | 12 |
| 11 | 5.26,0 | - | 6,1 | - | 148 | 13 | - | 11 | 5.56,0 | - | 6,4 | - | 132 | 11 | 5 | 11 |
| 10 | 5.30,0 | 9,2 | - | 1 | 145 | 12 | 0 | 10 | 6.00,0 | 9,7 | - | 8 | 130 | - | - | 10 |
| 9 | 5.35,0 | - | 6,2 | - | 142 | 11 | - | 9 | 6.05,0 | - | 6,5 | - | 128 | 10 | 4 | 9 |
| 8 | 5.40,0 | 9,3 | - | - | 139 | 10 | -1 | 8 | 6.10,0 | 9,8 | - | 7 | 126 | 9 | - | 8 |
| 7 | 5.45,0 | 9,4 | 6,3 | - | 136 | 9 | - | 7 | 6.15,0 | 9,9 | 6,6 | - | 124 | 8 | 3 | 7 |
| 6 | 5.50,0 | 9,5 | - | - | 133 | 8 | -2 | 6 | 6.20,0 | 10,0 | - | 6 | 122 | 7 | 2 | 6 |
| 5 | 5.55,0 | 9,6 | 6,4 | - | 130 | 7 | - | 5 | 6.25,0 | 10,1 | 6,7 | 5 | 119 | 6 | 1 | 5 |
| 4 | 6.00,0 | 9,7 | - | - | 127 | 6 | -3 | 4 | 6.30,0 | 10,2 | - | 4 | 116 | 5 | 0 | 4 |
| 3 | 6.05,0 | 9,8 | 6,5 | - | 124 | 5 | - | 3 | 6.35,0 | 10,3 | 6,8 | 3 | 113 | 4 | -1 | 3 |
| 2 | 6.10,0 | 9,9 | - | - | 121 | 4 | -4 | 2 | 6.40,0 | 10,4 | - | 2 | 110 | 3 | -2 | 2 |
| 1 | 6.15,0 | 10,0 | 6,6 | - | 118 | 3 | -5 | 1 | 6.45,0 | 10,5 | 6,9 | 1 | 107 | 2 | -3 | 1 |

ТАБЛИЦА
оценки результатов участников спортивного многоборья (тестов) по ОФП (13 лет)

| Очки | Мальчики | | | | | | | Очки | Девочки | | | | | | | Очки |
|-----------|------------------------|----------------------|----------------|---------------------------|--------------------------|---|---------------------|-----------|----------------------|-----------------------|----------------|--|--------------------------|----------------------------------|---------------------|-----------|
| | Бег 1000м (мин., сек.) | Челн бег 3x10м (сек) | Бег 60м (сек.) | Подтягивание (кол-во раз) | Прыжок в длину с/м (см.) | Подъём туловища за 30 сек. (кол-во раз) | Наклон вперёд (см.) | | Бег 1000м (мин, сек) | Челн. бег 3x10м (сек) | Бег 60м (сек.) | Сгибание и разгибание рук в упоре лёжа | Прыжок в длину с/м (см.) | Подъём а за 30 сек. (кол-во раз) | Наклон вперёд (см.) | |
| 70 | 2.55,0 | 6,6 | 7,6 | 26 | 260 | 46 | 31 | 70 | 3.10,0 | 6,9 | 8,0 | 60 | 250 | 42 | 35 | 70 |
| 69 | 2.57,0 | 6,7 | 7,7 | 25 | 258 | 45 | 30 | 69 | 3.13,0 | 7,0 | 8,1 | 57 | 248 | - | 34 | 69 |
| 68 | 2.59,0 | 6,8 | 7,8 | 24 | 256 | 44 | 29 | 68 | 3.16,0 | 7,1 | 8,2 | 54 | 246 | 41 | 33 | 68 |
| 67 | 3.01,0 | - | 7,9 | 23 | 254 | - | 28 | 67 | 3.19,0 | 7,2 | 8,3 | 52 | 244 | - | 32 | 67 |
| 66 | 3.03,0 | 6,9 | 8,0 | 22 | 252 | 43 | 27 | 66 | 3.22,0 | - | 8,4 | 50 | 242 | 40 | 31 | 66 |
| 65 | 3.05,0 | - | - | 21 | 250 | - | 26 | 65 | 3.25,0 | 7,3 | 8,5 | 48 | 240 | - | 30 | 65 |
| 64 | 3.07,0 | 7,0 | 8,1 | 20 | 248 | 42 | 25 | 64 | 3.28,0 | - | 8,6 | 46 | 238 | 39 | 29 | 64 |
| 63 | 3.09,0 | - | - | 19 | 246 | - | 24 | 63 | 3.31,0 | 7,4 | 8,7 | 44 | 236 | - | 28 | 63 |
| 62 | 3.11,0 | 7,1 | 8,2 | 18 | 244 | 41 | 23 | 62 | 3.34,0 | - | 8,8 | 42 | 234 | 38 | 27 | 62 |
| 61 | 3.13,0 | - | - | - | 242 | - | - | 61 | 3.37,0 | 7,5 | - | 40 | 232 | - | - | 61 |
| 60 | 3.15,0 | 7,2 | 8,3 | 17 | 240 | 40 | 22 | 60 | 3.40,0 | - | 8,9 | 38 | 230 | 37 | 26 | 60 |
| 59 | 3.17,0 | - | - | - | 238 | - | - | 59 | 3.42,0 | 7,6 | - | 37 | 228 | - | - | 59 |
| 58 | 3.19,0 | - | 8,4 | 16 | 236 | 39 | 21 | 58 | 3.44,0 | - | 9,0 | 36 | 226 | 36 | 25 | 58 |
| 57 | 3.21,0 | 7,3 | - | - | 234 | - | - | 57 | 3.46,0 | - | - | 35 | 224 | - | - | 57 |
| 56 | 3.23,0 | - | 8,5 | 15 | 232 | 38 | 20 | 56 | 3.48,0 | 7,7 | 9,1 | 34 | 222 | 35 | 24 | 56 |
| 55 | 3.25,0 | - | - | - | 230 | - | - | 55 | 3.50,0 | - | - | 33 | 220 | - | - | 55 |
| 54 | 3.27,0 | 7,4 | 8,6 | - | 229 | 37 | 19 | 54 | 3.52,0 | - | 9,2 | 32 | 218 | 34 | 23 | 54 |
| 53 | 3.29,0 | - | - | 14 | 228 | - | - | 53 | 3.54,0 | 7,8 | - | - | 216 | - | - | 53 |
| 52 | 3.31,0 | - | 8,7 | - | 227 | 36 | 18 | 52 | 3.56,0 | - | 9,3 | 31 | 214 | 33 | 22 | 52 |

| | | | | | | | | | | | | | | | | |
|-----------|--------|-----|------|----|-----|----|----|-----------|---------|-----|------|----|-----|----|----|-----------|
| 51 | 3.33,0 | 7,5 | - | - | 226 | - | - | 51 | 3.58 ,0 | - | - | - | 212 | - | - | 51 |
| 50 | 3.35,0 | - | 8,8 | 13 | 225 | 35 | 17 | 50 | 4.00,0 | 7,9 | 9,4 | 30 | 210 | 32 | 21 | 50 |
| 49 | 3.36,0 | - | - | - | 224 | - | - | 49 | 4.01,0 | - | - | - | 209 | - | - | 49 |
| 48 | 3.37,0 | - | - | - | 223 | - | - | 48 | 4.02,0 | - | - | - | 208 | - | - | 48 |
| 47 | 3.38,0 | 7,6 | 8,9 | - | 222 | 34 | 16 | 47 | 4.03,0 | - | 9,5 | 29 | 207 | 31 | 20 | 47 |
| 46 | 3.39,0 | - | - | 12 | 221 | - | - | 46 | 4.04,0 | 8,0 | - | - | 206 | - | - | 46 |
| 45 | 3.40,0 | - | - | - | 220 | - | - | 45 | 4.05,0 | - | 9,6 | - | 205 | - | - | 45 |
| 44 | 3.41,0 | - | 9,0 | - | 219 | 33 | 15 | 44 | 4.06,0 | - | - | 28 | 204 | 30 | 19 | 44 |
| 43 | 3.42,0 | 7,7 | - | - | 218 | - | - | 43 | 4.07,0 | - | 9,7 | - | 203 | - | - | 43 |
| 42 | 3.43,0 | - | 9,1 | 11 | 217 | 32 | - | 42 | 4.08,0 | 8,1 | - | 27 | 202 | - | - | 42 |
| 41 | 3.44,0 | - | - | - | 216 | - | 14 | 41 | 4.09,0 | - | 9,8 | - | 201 | 29 | 18 | 41 |
| 40 | 3.45,0 | - | 9,2 | - | 215 | 31 | - | 40 | 4.10,0 | - | - | 26 | 200 | - | - | 40 |
| 39 | 3.47,0 | 7,8 | - | - | 214 | - | - | 39 | 4.12,0 | 8,2 | 9,9 | - | 199 | - | - | 39 |
| 38 | 3.49,0 | - | 9,3 | 10 | 213 | 30 | 13 | 38 | 4.14,0 | - | - | 25 | 198 | 28 | 17 | 38 |
| 37 | 3.51,0 | - | - | - | 212 | - | - | 37 | 4.16,0 | - | 10,0 | - | 197 | - | - | 37 |
| 36 | 3.53,0 | 7,9 | 9,4 | - | 211 | 29 | - | 36 | 4.18,0 | 8,3 | - | 24 | 196 | - | 16 | 36 |
| 35 | 3.55,0 | - | - | - | 210 | - | 12 | 35 | 4.20,0 | - | 10,1 | - | 194 | 27 | - | 35 |
| 34 | 3.57,0 | - | 9,5 | 9 | 209 | 28 | - | 34 | 4.23,0 | - | - | 23 | 192 | - | 15 | 34 |
| 33 | 3.59,0 | 8,0 | - | - | 208 | - | - | 33 | 4.26,0 | 8,4 | 10,2 | - | 190 | - | - | 33 |
| 32 | 4.01,0 | - | 9,6 | - | 207 | 27 | 11 | 32 | 4.29,0 | - | - | 22 | 188 | 26 | 14 | 32 |
| 31 | 4.03,0 | - | - | - | 206 | - | - | 31 | 4.32,0 | - | 10,3 | - | 186 | - | - | 31 |
| 30 | 4.05,0 | 8,1 | 9,7 | 8 | 204 | 26 | 10 | 30 | 4.35,0 | 8,5 | - | 21 | 184 | - | 13 | 30 |
| 29 | 4.08,0 | - | - | - | 202 | - | - | 29 | 4.38,0 | - | 10,4 | - | 182 | 25 | - | 29 |
| 28 | 4.11,0 | - | 9,8 | - | 200 | 25 | 9 | 28 | 4.41,0 | - | - | 20 | 180 | - | 12 | 28 |
| 27 | 4.14,0 | 8,2 | - | - | 198 | - | - | 27 | 4.44,0 | 8,6 | 10,5 | - | 178 | 24 | - | 27 |
| 26 | 4.17,0 | - | 9,9 | 7 | 196 | 24 | 8 | 26 | 4.47,0 | - | - | 19 | 176 | - | 11 | 26 |
| 25 | 4.20,0 | - | - | - | 194 | - | - | 25 | 4.50,0 | - | 10,6 | - | 174 | 23 | - | 25 |
| 24 | 4.23,0 | 8,3 | 10,0 | - | 192 | 23 | 7 | 24 | 4.53,0 | 8,7 | - | 18 | 172 | - | 10 | 24 |
| 23 | 4.26,0 | - | - | 6 | 190 | - | - | 23 | 4.56,0 | - | 10,7 | - | 170 | 22 | - | 23 |
| 22 | 4.29,0 | 8,4 | 10,1 | - | 188 | 22 | 6 | 22 | 4.59,0 | 8,8 | - | 17 | 168 | - | 9 | 22 |
| 21 | 4.32,0 | - | - | - | 186 | - | - | 21 | 5.02,0 | - | 10,8 | - | 166 | 21 | - | 21 |

| | | | | | | | | | | | | | | | | |
|-----------|--------|-----|------|---|-----|----|----|-----------|--------|------|------|----|-----|----|----|-----------|
| 20 | 4.35,0 | 8,5 | 10,2 | 5 | 184 | 21 | 5 | 20 | 5.05,0 | 8,9 | - | 16 | 164 | - | 8 | 20 |
| 19 | 4.38,0 | - | - | - | 182 | - | - | 19 | 5.09,0 | - | 10,9 | - | 162 | 20 | - | 19 |
| 18 | 4.41,0 | 8,6 | 10,3 | - | 180 | 20 | 4 | 18 | 5.13,0 | 9,0 | 11,0 | 15 | 160 | - | 7 | 18 |
| 17 | 4.44,0 | - | - | 4 | 178 | - | - | 17 | 5.17,0 | - | 11,1 | - | 158 | 19 | - | 17 |
| 16 | 4.47,0 | 8,7 | 10,4 | - | 176 | 19 | 3 | 16 | 5.21,0 | 9,1 | 11,2 | 14 | 156 | 18 | 6 | 16 |
| 15 | 4.50,0 | - | 10,5 | - | 173 | 18 | - | 15 | 5.25,0 | - | 11,3 | - | 154 | 17 | - | 15 |
| 14 | 4.54,0 | 8,8 | 10,6 | 3 | 170 | 17 | 2 | 14 | 5.29,0 | 9,2 | 11,4 | 13 | 152 | 16 | 5 | 14 |
| 13 | 4.58,0 | - | 10,7 | - | 167 | 16 | - | 13 | 5.33,0 | - | 11,5 | - | 150 | 15 | - | 13 |
| 12 | 5.02,0 | 8,9 | 10,8 | - | 164 | 15 | 1 | 12 | 5.37,0 | 9,3 | 11,6 | 12 | 148 | 14 | 4 | 12 |
| 11 | 5.06,0 | - | 10,9 | 2 | 161 | 14 | - | 11 | 5.41,0 | - | 11,7 | - | 146 | 13 | - | 11 |
| 10 | 5.10,0 | 9,0 | 11,0 | - | 158 | 13 | 0 | 10 | 5.45,0 | 9,4 | 11,8 | 11 | 143 | 12 | 3 | 10 |
| 9 | 5.15,0 | - | 11,1 | - | 155 | 12 | - | 9 | 5.50,0 | - | 11,9 | 10 | 140 | 11 | - | 9 |
| 8 | 5.20,0 | 9,1 | 11,2 | 1 | 152 | 11 | -1 | 8 | 5.55,0 | 9,5 | 12,0 | 9 | 137 | 10 | 2 | 8 |
| 7 | 5.25,0 | - | 11,3 | - | 149 | 10 | - | 7 | 6.00,0 | - | 12,1 | 8 | 134 | 9 | - | 7 |
| 6 | 5.30,0 | 9,2 | 11,4 | - | 146 | 9 | -2 | 6 | 6.05,0 | 9,6 | 12,3 | 7 | 131 | 8 | 1 | 6 |
| 5 | 5.35,0 | - | 11,5 | - | 143 | 8 | - | 5 | 6.10,0 | 9,7 | 12,5 | 6 | 128 | 7 | - | 5 |
| 4 | 5.40,0 | 9,3 | 11,6 | - | 140 | 7 | -3 | 4 | 6.15,0 | 9,8 | 12,7 | 5 | 125 | 6 | 0 | 4 |
| 3 | 5.45,0 | 9,4 | 11,8 | - | 137 | 6 | - | 3 | 6.20,0 | 9,9 | 12,9 | 4 | 122 | 5 | -1 | 3 |
| 2 | 5.50,0 | 9,5 | 12,0 | - | 134 | 5 | -4 | 2 | 6.25,0 | 10,0 | 13,1 | 3 | 119 | 4 | -2 | 2 |
| 1 | 5.55,0 | 9,6 | 12,2 | - | 130 | 4 | -5 | 1 | 6.30,0 | 10,2 | 13,3 | 2 | 116 | 3 | -3 | 1 |

ТАБЛИЦА
оценки результатов участников спортивного многоборья (тестов) по ОФП (14 лет)

| Очки | Мальчики | | | | | | | Очки | Девочки | | | | | | | Очки |
|-----------|------------------------|-----------------------|-----------------|---------------------------|--------------------------|---|---------------------|-----------|----------------------|-----------------------|-----------------|--|-------------------------|---|---------------------|-----------|
| | Бег 1000м (мин., сек.) | Челн. бег 3x10м (сек) | Бег 60 м (сек.) | Подтягивание (кол-во раз) | Прыжок в длину с/м (см.) | Подъём туловища за 30 сек. (кол-во раз) | Наклон вперёд (см.) | | Бег 1000м (мин, сек) | Челн. бег 3x10м (сек) | Бег 60 м (сек.) | Сгибание и разгибание рук в упоре лёжа | Прыжок в длину с/м(см.) | Подъём туловища за 30 сек. (кол-во раз) | Наклон вперёд (см.) | |
| 70 | 2.50,0 | 6,5 | 7,4 | 28 | 265 | 47 | 31 | 70 | 3.05,0 | 6,7 | 7,8 | 63 | 255 | 43 | 35 | 70 |
| 69 | 2.52,0 | - | 7,5 | 27 | 263 | 46 | 30 | 69 | 3.08,0 | 6,8 | 7,9 | 60 | 252 | 42 | 34 | 69 |
| 68 | 2.54,0 | 6,6 | 7,6 | 26 | 261 | 45 | 29 | 68 | 3.11,0 | 6,9 | 8,0 | 57 | 249 | 41 | 33 | 68 |
| 67 | 2.56,0 | - | 7,7 | 25 | 259 | - | 28 | 67 | 3.14,0 | 7,0 | 8,1 | 54 | 246 | - | 32 | 67 |
| 66 | 2.58,0 | 6,7 | 7,8 | 24 | 257 | 44 | 27 | 66 | 3.17,0 | 7,1 | 8,2 | 51 | 243 | 40 | 31 | 66 |
| 65 | 3.00,0 | - | - | 23 | 255 | - | 26 | 65 | 3.20,0 | 7,2 | 8,3 | 48 | 240 | - | 30 | 65 |
| 64 | 3.02,0 | 6,8 | 7,9 | 22 | 253 | 43 | 25 | 64 | 3.22,0 | 7,3 | 8,4 | 46 | 238 | 39 | 29 | 64 |
| 63 | 3.04,0 | - | - | 21 | 251 | - | 24 | 63 | 3.24,0 | - | 8,5 | 44 | 236 | - | 28 | 63 |
| 62 | 3.06,0 | 6,9 | 8,0 | 20 | 249 | 42 | 23 | 62 | 3.26,0 | 7,4 | 8,6 | 42 | 234 | 38 | 27 | 62 |
| 61 | 3.08,0 | - | - | 19 | 247 | - | - | 61 | 3.28,0 | - | - | 40 | 232 | - | - | 61 |
| 60 | 3.10,0 | - | 8,1 | 18 | 245 | 41 | 22 | 60 | 3.30,0 | 7,5 | 8,7 | 38 | 230 | 37 | 26 | 60 |
| 59 | 3.12,0 | 7,0 | - | 17 | 243 | - | - | 59 | 3.32,0 | - | - | 37 | 228 | - | - | 59 |
| 58 | 3.14,0 | - | 8,2 | - | 241 | 40 | 21 | 58 | 3.34,0 | 7,6 | 8,8 | 36 | 226 | 36 | 25 | 58 |
| 57 | 3.16,0 | - | - | 16 | 239 | - | - | 57 | 3.36,0 | - | - | 35 | 224 | - | - | 57 |
| 56 | 3.18,0 | 7,1 | 8,3 | - | 237 | 39 | 20 | 56 | 3.38,0 | 7,7 | 8,9 | 34 | 222 | 35 | 24 | 56 |
| 55 | 3.20,0 | - | - | - | 235 | - | - | 55 | 3.40,0 | - | - | - | 220 | - | - | 55 |
| 54 | 3.22,0 | - | 8,4 | 15 | 234 | - | 19 | 54 | 3.42,0 | - | 9,0 | 33 | 218 | 34 | 23 | 54 |
| 53 | 3.24,0 | 7,2 | - | - | 233 | 38 | - | 53 | 3.44,0 | 7,8 | - | - | 216 | - | - | 53 |
| 52 | 3.26,0 | - | 8,5 | - | 232 | - | 18 | 52 | 3.46,0 | - | 9,1 | 32 | 214 | 33 | 22 | 52 |

| | | | | | | | | | | | | | | | | |
|-----------|--------|-----|-----|----|-----|----|----|-----------|--------|-----|------|----|-----|----|----|-----------|
| 51 | 3.28,0 | - | - | - | 231 | - | - | 51 | 3.48,0 | - | - | - | 212 | - | - | 51 |
| 50 | 3.30,0 | 7,3 | 8,6 | 14 | 230 | 37 | 17 | 50 | 3.50,0 | 7,7 | 9,2 | 31 | 210 | 32 | 21 | 50 |
| 49 | 3.31,0 | - | - | - | 229 | - | - | 49 | 3.51,0 | - | - | - | 209 | - | - | 49 |
| 48 | 3.32,0 | - | - | - | 228 | - | - | 48 | 3.52,0 | - | - | - | 208 | - | - | 48 |
| 47 | 3.33,0 | - | 8,7 | - | 227 | 36 | 16 | 47 | 3.53,0 | - | 9,3 | 30 | 207 | 31 | 20 | 47 |
| 46 | 3.34,0 | 7,4 | - | 13 | 226 | - | - | 46 | 3.54,0 | 7,8 | - | - | 206 | - | - | 46 |
| 45 | 3.35,0 | - | - | - | 225 | - | - | 45 | 3.55,0 | - | - | - | 205 | - | - | 45 |
| 44 | 3.36,0 | - | 8,8 | - | 224 | 35 | 15 | 44 | 3.57,0 | - | 9,4 | 29 | 204 | 30 | 19 | 44 |
| 43 | 3.37,0 | - | - | - | 223 | - | - | 43 | 3.59,0 | - | - | - | 203 | - | - | 43 |
| 42 | 3.38,0 | 7,5 | - | 12 | 222 | 34 | - | 42 | 4.01,0 | 7,9 | - | 28 | 202 | - | - | 42 |
| 41 | 3.39,0 | - | 8,9 | - | 221 | - | 14 | 41 | 4.03,0 | - | 9,5 | - | 201 | 29 | 18 | 41 |
| 40 | 3.40,0 | - | - | - | 220 | 33 | - | 40 | 4.05,0 | - | - | 27 | 200 | - | - | 40 |
| 39 | 3.41,0 | - | - | - | 219 | - | - | 39 | 4.07,0 | 8,0 | 9,6 | - | 199 | - | - | 39 |
| 38 | 3.42,0 | 7,6 | 9,0 | 11 | 218 | 32 | 13 | 38 | 4.09,0 | - | - | 26 | 198 | 28 | 17 | 38 |
| 37 | 3.43,0 | - | - | - | 217 | - | - | 37 | 4.11,0 | - | 9,7 | - | 197 | - | - | 37 |
| 36 | 3.44,0 | - | 9,1 | - | 216 | 31 | - | 36 | 4.13,0 | 8,1 | - | 25 | 196 | - | 16 | 36 |
| 35 | 3.45,0 | 7,7 | - | - | 215 | - | 12 | 35 | 4.15,0 | - | 9,8 | - | 194 | 27 | - | 35 |
| 34 | 3.47,0 | - | 9,2 | 10 | 214 | 30 | - | 34 | 4.18,0 | - | - | 24 | 192 | - | 15 | 34 |
| 33 | 3.49,0 | - | - | - | 213 | - | - | 33 | 4.21,0 | 8,2 | 9,9 | - | 190 | - | - | 33 |
| 32 | 3.51,0 | 7,8 | 9,3 | - | 212 | 29 | 11 | 32 | 4.24,0 | - | - | 23 | 188 | 26 | 14 | 32 |
| 31 | 3.53,0 | - | - | - | 211 | - | - | 31 | 4.27,0 | - | 10,0 | - | 186 | - | - | 31 |
| 30 | 3.55,0 | - | 9,4 | 9 | 210 | 28 | 10 | 30 | 4.30,0 | 8,3 | - | 22 | 184 | - | 13 | 30 |
| 29 | 3.57,0 | 7,9 | - | - | 209 | - | - | 29 | 4.33,0 | - | 10,1 | - | 182 | 25 | - | 29 |
| 28 | 3.59,0 | - | 9,5 | - | 208 | 27 | 9 | 28 | 4.36,0 | - | - | 21 | 180 | - | 12 | 28 |
| 27 | 4.01,0 | - | - | - | 207 | - | - | 27 | 4.39,0 | 8,4 | 10,2 | - | 178 | 24 | - | 27 |
| 26 | 4.03,0 | 8,0 | 9,6 | 8 | 206 | 26 | 8 | 26 | 4.42,0 | - | - | 20 | 176 | - | 11 | 26 |
| 25 | 4.05,0 | - | - | - | 204 | - | - | 25 | 4.45,0 | 8,5 | 10,3 | - | 174 | 23 | - | 25 |
| 24 | 4.08,0 | - | 9,7 | - | 202 | 25 | 7 | 24 | 4.48,0 | - | - | 19 | 172 | - | 10 | 24 |
| 23 | 4.11,0 | 8,1 | - | - | 200 | - | - | 23 | 4.51,0 | 8,6 | 10,4 | - | 170 | 22 | - | 23 |
| 22 | 4.14,0 | - | 9,8 | 7 | 198 | 24 | 6 | 22 | 4.54,0 | - | - | 18 | 168 | - | 9 | 22 |
| 21 | 4.17,0 | - | - | - | 196 | - | - | 21 | 4.57,0 | 8,7 | 10,5 | - | 166 | 21 | - | 21 |

| | | | | | | | | | | | | | | | | |
|-----------|--------|-----|------|---|-----|----|----|-----------|--------|-----|------|----|-----|----|----|-----------|
| 20 | 4.20,0 | 8,2 | 9,9 | - | 194 | 23 | 5 | 20 | 5.00,0 | - | 10,6 | 17 | 164 | - | 8 | 20 |
| 19 | 4.24,0 | - | - | 6 | 192 | - | - | 19 | 5.03,0 | 8,8 | 10,7 | - | 162 | 20 | - | 19 |
| 18 | 4.28,0 | - | 10,0 | - | 190 | 22 | 4 | 18 | 5.06,0 | - | 10,8 | 16 | 160 | - | 7 | 18 |
| 17 | 4.32,0 | 8,3 | - | - | 188 | 21 | - | 17 | 5.09,0 | 8,9 | 10,9 | - | 158 | 19 | - | 17 |
| 16 | 4.36,0 | - | 10,1 | 5 | 186 | 20 | 3 | 16 | 5.12,0 | - | 11,0 | 15 | 156 | 18 | 6 | 16 |
| 15 | 4.40,0 | - | 10,2 | - | 184 | 19 | - | 15 | 5.15,0 | 9,0 | 11,1 | - | 154 | 17 | - | 15 |
| 14 | 4.44,0 | 8,4 | 10,3 | - | 182 | 18 | 2 | 14 | 5.19,0 | - | 11,2 | 14 | 152 | 16 | 5 | 14 |
| 13 | 4.48,0 | - | 10,4 | 4 | 180 | 17 | - | 13 | 5.23,0 | 9,1 | 11,3 | - | 150 | 15 | - | 13 |
| 12 | 4.52,0 | 8,5 | 10,5 | - | 177 | 16 | 1 | 12 | 5.27,0 | - | 11,4 | 13 | 148 | 14 | 4 | 12 |
| 11 | 4.56,0 | - | 10,6 | - | 174 | 15 | - | 11 | 5.31,0 | 9,2 | 11,5 | - | 146 | 13 | - | 11 |
| 10 | 5.00,0 | 8,6 | 10,7 | 3 | 171 | 14 | 0 | 10 | 5.35,0 | - | 11,6 | 12 | 143 | 12 | 3 | 10 |
| 9 | 5.05,0 | - | 10,8 | - | 168 | 13 | - | 9 | 5.39,0 | 9,3 | 11,7 | 11 | 140 | 11 | - | 9 |
| 8 | 5.10,0 | 8,7 | 10,9 | - | 165 | 12 | -1 | 8 | 5.43,0 | - | 11,8 | 10 | 137 | 10 | 2 | 8 |
| 7 | 5.15,0 | - | 11,0 | 2 | 162 | 11 | - | 7 | 5.47,0 | 9,4 | 11,9 | 9 | 134 | 9 | - | 7 |
| 6 | 5.20,0 | 8,8 | 11,1 | - | 159 | 10 | -2 | 6 | 5.51,0 | - | 12,0 | 8 | 131 | 8 | 1 | 6 |
| 5 | 5.25,0 | - | 11,2 | - | 156 | 9 | - | 5 | 5.55,0 | 9,5 | 12,1 | 7 | 128 | 7 | - | 5 |
| 4 | 5.30,0 | 8,9 | 11,3 | 1 | 152 | 8 | -3 | 4 | 6.00,0 | - | 12,3 | 6 | 125 | 6 | 0 | 4 |
| 3 | 5.35,0 | 9,0 | 11,4 | - | 148 | 7 | - | 3 | 6.05,0 | 9,6 | 12,5 | 5 | 122 | 5 | -1 | 3 |
| 2 | 5.40,0 | 9,1 | 11,6 | - | 144 | 6 | -4 | 2 | 6.10,0 | 9,7 | 12,7 | 4 | 119 | 4 | -2 | 2 |
| 1 | 5.45,0 | 9,2 | 11,8 | - | 140 | 5 | -5 | 1 | 6.15,0 | 9,8 | 12,9 | 3 | 116 | 3 | -3 | 1 |

ТАБЛИЦА
оценки результатов участников спортивного многоборья (тестов) по ОФП (15 лет)

| Очки | Мальчики | | | | | | | Очки | Девочки | | | | | | | Очки |
|-----------|-----------------------|-----------------------|-----------------|---------------------------|--------------------------|---|---------------------|-----------|----------------------|-----------------------|-----------------|--|--------------------------|---|---------------------|-----------|
| | Бег 1000м (мин, сек.) | Челн. бег 3x10м (сек) | Бег 60 м (сек.) | Подтягивание (кол-во раз) | Прыжок в длину с/м (см.) | Подъём туловища за 30 сек. (кол-во раз) | Наклон вперёд (см.) | | Бег 1000м (мин, сек) | Челн. бег 3x10м (сек) | Бег 60 м (сек.) | Сгибание и разгибание рук в упоре лёжа | Прыжок в длину с/м (см.) | Подъём туловища за 30 сек. (кол-во раз) | Наклон вперёд (см.) | |
| 70 | 2.45,0 | 6,4 | 7,2 | 30 | 270 | 47 | 32 | 70 | 3.05,0 | 6,6 | 7,8 | 63 | 255 | 43 | 35 | 70 |
| 69 | 2.47,0 | 6,5 | 7,3 | 28 | 268 | - | 31 | 69 | 3.08,0 | 6,7 | 7,9 | 60 | 252 | - | 34 | 69 |
| 68 | 2.49,0 | - | 7,4 | 26 | 266 | 46 | 30 | 68 | 3.11,0 | - | 8,0 | 57 | 249 | 42 | 33 | 68 |
| 67 | 2.51,0 | 6,6 | 7,5 | 24 | 264 | - | 29 | 67 | 3.14,0 | 6,8 | 8,1 | 54 | 246 | - | 32 | 67 |
| 66 | 2.53,0 | - | 7,6 | 23 | 262 | 45 | 28 | 66 | 3.17,0 | - | 8,2 | 51 | 243 | 41 | 31 | 66 |
| 65 | 2.55,0 | 6,7 | - | 22 | 260 | - | 27 | 65 | 3.20,0 | 6,9 | 8,3 | 48 | 240 | - | 30 | 65 |
| 64 | 2.57,0 | - | 7,7 | 21 | 258 | 44 | 26 | 64 | 3.22,0 | - | 8,4 | 46 | 238 | 40 | 29 | 64 |
| 63 | 2.59,0 | - | - | 20 | 256 | - | 25 | 63 | 3.24,0 | 7,0 | 8,5 | 44 | 236 | - | 28 | 63 |
| 62 | 3.01,0 | 6,8 | 7,8 | - | 254 | 43 | 24 | 62 | 3.26,0 | - | 8,6 | 42 | 234 | 39 | 27 | 62 |
| 61 | 3.03,0 | - | - | 19 | 252 | - | - | 61 | 3.28,0 | 7,1 | - | 40 | 232 | - | - | 61 |
| 60 | 3.05,0 | - | 7,9 | - | 250 | 42 | 23 | 60 | 3.30,0 | - | 8,7 | 38 | 230 | 38 | 26 | 60 |
| 59 | 3.07,0 | 6,9 | - | 18 | 248 | - | - | 59 | 3.32,0 | 7,2 | - | 37 | 228 | - | - | 59 |
| 58 | 3.09,0 | - | 8,0 | - | 246 | 41 | 22 | 58 | 3.34,0 | - | 8,8 | 36 | 226 | 37 | 25 | 58 |
| 57 | 3.11,0 | - | - | 17 | 244 | - | - | 57 | 3.36,0 | - | - | 35 | 224 | - | - | 57 |
| 56 | 3.13,0 | 7,0 | 8,1 | - | 242 | 40 | 21 | 56 | 3.38,0 | 7,3 | 8,9 | 34 | 222 | 36 | 24 | 56 |
| 55 | 3.15,0 | - | - | - | 240 | - | - | 55 | 3.40,0 | - | - | - | 220 | - | - | 55 |
| 54 | 3.17,0 | - | 8,2 | 16 | 239 | - | 20 | 54 | 3.42,0 | - | 9,0 | 33 | 218 | 35 | 23 | 54 |
| 53 | 3.19,0 | 7,1 | - | - | 238 | 39 | - | 53 | 3.44,0 | 7,4 | - | - | 216 | - | - | 53 |
| 52 | 3.21,0 | - | 8,3 | - | 237 | - | 19 | 52 | 3.46,0 | - | 9,1 | 32 | 214 | 34 | 22 | 52 |

| | | | | | | | | | | | | | | | | |
|-----------|--------|-----|-----|----|-----|----|----|-----------|--------|-----|------|----|-----|----|----|-----------|
| 51 | 3.23,0 | - | - | - | 236 | - | - | 51 | 3.48,0 | - | - | - | 212 | - | - | 51 |
| 50 | 3.25,0 | 7,2 | 8,4 | 15 | 235 | 38 | 18 | 50 | 3.50,0 | 7,5 | 9,2 | 31 | 210 | 33 | 21 | 50 |
| 49 | 3.26,0 | - | - | - | 234 | - | - | 49 | 3.51,0 | - | - | - | 209 | - | - | 49 |
| 48 | 3.27,0 | - | - | - | 233 | - | - | 48 | 3.52,0 | - | - | - | 208 | - | - | 48 |
| 47 | 3.28,0 | - | 8,5 | - | 232 | 37 | 17 | 47 | 3.53,0 | - | 9,3 | 30 | 207 | 32 | 20 | 47 |
| 46 | 3.29,0 | 7,3 | - | 14 | 231 | - | - | 46 | 3.54,0 | 7,6 | - | - | 206 | - | - | 46 |
| 45 | 3.30,0 | - | - | - | 230 | - | - | 45 | 3.55,0 | - | - | - | 205 | - | - | 45 |
| 44 | 3.31,0 | - | 8,6 | - | 229 | 36 | 16 | 44 | 3.57,0 | - | 9,4 | 29 | 204 | 31 | 19 | 44 |
| 43 | 3.32,0 | - | - | - | 228 | - | - | 43 | 3.59,0 | - | - | - | 203 | - | - | 43 |
| 42 | 3.33,0 | 7,4 | - | 13 | 227 | 35 | - | 42 | 4.01,0 | 7,7 | - | 28 | 202 | - | - | 42 |
| 41 | 3.34,0 | - | 8,7 | - | 226 | - | 15 | 41 | 4.03,0 | - | 9,5 | - | 201 | 30 | 18 | 41 |
| 40 | 3.35,0 | - | - | - | 225 | 34 | - | 40 | 4.05,0 | - | - | 27 | 200 | - | - | 40 |
| 39 | 3.36,0 | - | - | - | 224 | - | - | 39 | 4.07,0 | - | 9,6 | - | 199 | - | - | 39 |
| 38 | 3.37,0 | 7,5 | 8,8 | 12 | 223 | 33 | 14 | 38 | 4.09,0 | 7,8 | - | 26 | 198 | 29 | 17 | 38 |
| 37 | 3.38,0 | - | - | - | 222 | - | - | 37 | 4.11,0 | - | 9,7 | - | 197 | - | - | 37 |
| 36 | 3.39,0 | - | 8,9 | - | 221 | 32 | - | 36 | 4.13,0 | - | - | 25 | 196 | - | - | 36 |
| 35 | 3.40,0 | 7,6 | - | - | 220 | - | 13 | 35 | 4.15,0 | 7,9 | 9,8 | - | 194 | 28 | 16 | 35 |
| 34 | 3.42,0 | - | 9,0 | 11 | 219 | 31 | - | 34 | 4.18,0 | - | - | 24 | 192 | - | - | 34 |
| 33 | 3.44,0 | - | - | - | 218 | - | - | 33 | 4.21,0 | - | 9,9 | - | 190 | - | - | 33 |
| 32 | 3.46,0 | 7,7 | 9,1 | - | 217 | 30 | 12 | 32 | 4.24,0 | 8,0 | - | 23 | 188 | 27 | 15 | 32 |
| 31 | 3.48,0 | - | - | - | 216 | - | - | 31 | 4.27,0 | - | 10,0 | - | 186 | - | - | 31 |
| 30 | 3.50,0 | - | 9,2 | 10 | 215 | 29 | 11 | 30 | 4.30,0 | - | - | 22 | 184 | - | - | 30 |
| 29 | 3.52,0 | 7,8 | - | - | 214 | - | - | 29 | 4.33,0 | 8,1 | 10,1 | - | 182 | 26 | 14 | 29 |
| 28 | 3.54,0 | - | 9,3 | - | 213 | 28 | 10 | 28 | 4.36,0 | - | - | 21 | 180 | - | - | 28 |
| 27 | 3.56,0 | - | - | - | 212 | - | - | 27 | 4.39,0 | - | 10,2 | - | 178 | 25 | - | 27 |
| 26 | 3.58,0 | 7,9 | 9,4 | 9 | 211 | 27 | 9 | 26 | 4.42,0 | 8,2 | - | 20 | 176 | - | 13 | 26 |
| 25 | 4.01,0 | - | - | - | 209 | - | - | 25 | 4.45,0 | - | 10,3 | - | 174 | 24 | - | 25 |
| 24 | 4.04,0 | - | 9,5 | - | 207 | 26 | 8 | 24 | 4.48,0 | - | - | 19 | 172 | - | 12 | 24 |
| 23 | 4.07,0 | 8,0 | - | - | 205 | - | - | 23 | 4.51,0 | 8,3 | 10,4 | - | 170 | 23 | - | 23 |
| 22 | 4.10,0 | - | 9,6 | 8 | 203 | 25 | 7 | 22 | 4.54,0 | - | - | 18 | 168 | - | 11 | 22 |
| 21 | 4.13,0 | - | - | - | 201 | - | - | 21 | 4.57,0 | - | 10,5 | - | 166 | 22 | - | 21 |

| | | | | | | | | | | | | | | | | |
|-----------|--------|-----|------|---|-----|----|----|-----------|--------|-----|------|----|-----|----|----|-----------|
| 20 | 4.16,0 | 8,1 | 9,7 | - | 199 | 24 | 6 | 20 | 5.00,0 | 8,4 | 10,6 | 17 | 164 | - | 10 | 20 |
| 19 | 4.19,0 | - | - | 7 | 197 | - | - | 19 | 5.03,0 | - | 10,7 | - | 162 | 21 | - | 19 |
| 18 | 4.22,0 | - | 9,8 | - | 195 | 23 | 5 | 18 | 5.06,0 | - | 10,8 | 16 | 160 | - | 9 | 18 |
| 17 | 4.25,0 | 8,2 | - | - | 193 | 22 | - | 17 | 5.09,0 | 8,5 | 10,9 | - | 158 | 20 | - | 17 |
| 16 | 4.28,0 | - | 9,9 | 6 | 191 | 21 | 4 | 16 | 5.12,0 | - | 11,0 | 15 | 156 | 19 | 8 | 16 |
| 15 | 4.32,0 | 8,3 | - | - | 189 | 20 | - | 15 | 5.15,0 | 8,6 | 11,1 | - | 154 | 18 | - | 15 |
| 14 | 4.36,0 | - | 10,0 | - | 187 | 19 | 3 | 14 | 5.19,0 | - | 11,2 | 14 | 152 | 17 | 7 | 14 |
| 13 | 4.40,0 | 8,4 | - | 5 | 185 | 18 | - | 13 | 5.23,0 | 8,7 | 11,3 | - | 150 | 16 | - | 13 |
| 12 | 4.44,0 | - | 10,1 | - | 182 | 17 | 2 | 12 | 5.27,0 | - | 11,4 | 13 | 148 | 15 | 6 | 12 |
| 11 | 4.48,0 | 8,5 | 10,2 | - | 179 | 16 | - | 11 | 5.31,0 | 8,8 | 11,5 | - | 146 | 14 | - | 11 |
| 10 | 4.52,0 | - | 10,3 | 4 | 176 | 15 | 1 | 10 | 5.35,0 | - | 11,6 | 12 | 143 | 13 | 5 | 10 |
| 9 | 4.56,0 | 8,6 | 10,4 | - | 173 | 14 | - | 9 | 5.39,0 | 8,9 | 11,7 | 11 | 140 | 12 | - | 9 |
| 8 | 5.00,0 | - | 10,5 | - | 170 | 13 | 0 | 8 | 5.43,0 | - | 11,8 | 10 | 137 | 11 | 4 | 8 |
| 7 | 5.05,0 | 8,7 | 10,6 | 3 | 167 | 12 | - | 7 | 5.47,0 | 9,0 | 11,9 | 9 | 134 | 10 | 3 | 7 |
| 6 | 5.10,0 | - | 10,7 | - | 164 | 11 | -1 | 6 | 5.51,0 | - | 12,0 | 8 | 131 | 9 | 2 | 6 |
| 5 | 5.15,0 | 8,8 | 10,8 | - | 161 | 10 | - | 5 | 5.55,0 | 9,1 | 12,1 | 7 | 128 | 8 | 1 | 5 |
| 4 | 5.20,0 | 8,9 | 11,0 | 2 | 157 | 9 | -2 | 4 | 6.00,0 | 9,2 | 12,3 | 6 | 125 | 7 | 0 | 4 |
| 3 | 5.25,0 | 9,0 | 11,2 | - | 153 | 8 | -3 | 3 | 6.05,0 | 9,3 | 12,5 | 5 | 122 | 6 | -1 | 3 |
| 2 | 5.30,0 | 9,1 | 11,4 | - | 149 | 7 | -4 | 2 | 6.10,0 | 9,4 | 12,7 | 4 | 119 | 5 | -2 | 2 |
| 1 | 5.35,0 | 9,2 | 11,6 | 1 | 145 | 6 | -5 | 1 | 6.15,0 | 9,5 | 12,9 | 3 | 116 | 4 | -3 | 1 |

ТАБЛИЦА
оценки результатов участников спортивного многоборья (тестов) по ОФП (16 лет)

| Очки | Мальчики | | | | | | | Очки | Девочки | | | | | | | Очки |
|-----------|------------------------|-----------------------|------------------|---------------------------|--------------------------|---|---------------------|-----------|----------------------|-----------------------|------------------|--|--------------------------|---|---------------------|-----------|
| | Бег 1000м (мин., сек.) | Челн. бег 3x10м (сек) | Бег 100 м (сек.) | Подтягивание (кол-во раз) | Прыжок в длину с/м (см.) | Подъём туловища за 30 сек. (кол-во раз) | Наклон вперёд (см.) | | Бег 1000м (мин, сек) | Челн. бег 3x10м (сек) | Бег 100 м (сек.) | Сгибание и разгибание рук в упоре лёжа | Прыжок в длину с/м (см.) | Подъём туловища за 30 сек. (кол-во раз) | Наклон вперёд (см.) | |
| 70 | 2.41,0 | 6,3 | 11,2 | 32 | 273 | 47 | 32 | 70 | 3.00,0 | 6,5 | 12,2 | 65 | 258 | 43 | 35 | 70 |
| 69 | 2.43,0 | 6,4 | 11,3 | 30 | 271 | - | 31 | 69 | 3.03,0 | 6,6 | 12,4 | 62 | 256 | - | 34 | 69 |
| 68 | 2.45,0 | - | 11,4 | 28 | 269 | 46 | 30 | 68 | 3.06,0 | 6,7 | 12,6 | 59 | 254 | 42 | 33 | 68 |
| 67 | 2.47,0 | 6,5 | 11,5 | 26 | 267 | - | 29 | 67 | 3.09,0 | - | 12,8 | 56 | 252 | - | 32 | 67 |
| 66 | 2.49,0 | - | 11,6 | 25 | 265 | 45 | 28 | 66 | 3.12,0 | 6,8 | 13,0 | 53 | 250 | 41 | 31 | 66 |
| 65 | 2.51,0 | 6,6 | 11,7 | 24 | 263 | - | 27 | 65 | 3.15,0 | - | 13,2 | 50 | 248 | - | 30 | 65 |
| 64 | 2.53,0 | - | 11,8 | 23 | 261 | 44 | 26 | 64 | 3.17,0 | 6,9 | 13,4 | 48 | 246 | 40 | 29 | 64 |
| 63 | 2.55,0 | - | 11,9 | 22 | 259 | - | 25 | 63 | 3.19,0 | - | 13,6 | 46 | 244 | - | 28 | 63 |
| 62 | 2.57,0 | 6,7 | 12,0 | 21 | 257 | 43 | 24 | 62 | 3.21,0 | 7,0 | 13,8 | 44 | 242 | 39 | 27 | 62 |
| 61 | 2.59,0 | - | 12,1 | 20 | 255 | - | - | 61 | 3.23,0 | - | 13,9 | 42 | 240 | - | - | 61 |
| 60 | 3.01,0 | - | 12,2 | - | 253 | 42 | 23 | 60 | 3.25,0 | - | 14,0 | 40 | 238 | 38 | 26 | 60 |
| 59 | 3.03,0 | 6,8 | 12,3 | 19 | 251 | - | - | 59 | 3.27,0 | 7,1 | 14,1 | 39 | 236 | - | - | 59 |
| 58 | 3.05,0 | - | 12,4 | - | 249 | 41 | 22 | 58 | 3.29,0 | - | 14,2 | 38 | 234 | 37 | 25 | 58 |
| 57 | 3.07,0 | - | 12,5 | 18 | 247 | - | - | 57 | 3.31,0 | - | 14,3 | 37 | 232 | - | - | 57 |
| 56 | 3.09,0 | 6,9 | 12,6 | - | 246 | 40 | 21 | 56 | 3.33,0 | 7,2 | 14,4 | 36 | 230 | 36 | 24 | 56 |
| 55 | 3.11,0 | - | 12,7 | - | 245 | - | - | 55 | 3.35,0 | - | 14,5 | 35 | 228 | - | - | 55 |
| 54 | 3.13,0 | - | 12,8 | 17 | 244 | - | 20 | 54 | 3.37,0 | - | 14,6 | 34 | 226 | - | 23 | 54 |
| 53 | 3.14,0 | 7,0 | ,9 | - | 243 | 39 | - | 53 | 3.39,0 | 7,3 | 14,7 | - | 224 | 35 | - | 53 |
| 52 | 3.15,0 | - | 13,0 | - | 242 | - | 19 | 52 | 3.41,0 | - | 14,8 | 33 | 222 | - | 22 | 52 |

| | | | | | | | | | | | | | | | | |
|-----------|--------|-----|--------|----|-----|----|----|-----------|--------|-----|------|----|-----|----|----|-----------|
| 51 | 3.16,0 | - | 13,1 | - | 241 | - | - | 51 | 3.43,0 | - | 14,9 | - | 221 | - | - | 51 |
| 50 | 3.17,0 | 7,1 | 13,2 | 16 | 240 | 38 | 18 | 50 | 3.45,0 | 7,4 | 15,0 | 32 | 220 | 34 | 21 | 50 |
| 49 | 3.18,0 | - | - | - | 239 | - | - | 49 | 3.46,0 | - | - | - | 219 | - | - | 49 |
| 48 | 3.19,0 | - | 13,3 | - | 238 | - | - | 48 | 3.47,0 | - | 15,1 | - | 218 | - | - | 48 |
| 47 | 3.20,0 | - | - | - | 237 | 37 | 17 | 47 | 3.48,0 | - | - | 31 | 217 | 33 | 20 | 47 |
| 46 | 3.21,0 | 7,2 | 13,4 | 15 | 236 | - | - | 46 | 3.49,0 | 7,5 | 15,2 | - | 216 | - | - | 46 |
| 45 | 3.22,0 | - | - | - | 235 | - | - | 45 | 3.50,0 | - | - | - | 215 | - | - | 45 |
| 44 | 3.23,0 | - | 13,5 | - | 234 | 36 | 16 | 44 | 3.52,0 | - | 15,3 | 30 | 214 | 32 | 19 | 44 |
| 43 | 3.24,0 | - | - | - | 233 | - | - | 43 | 3.54,0 | - | - | - | 213 | - | - | 43 |
| 42 | 3.25,0 | 7,3 | 13,6 | 14 | 232 | 35 | - | 42 | 3.56,0 | 7,6 | 15,4 | 29 | 212 | - | - | 42 |
| 41 | 3.26,0 | - | - | - | 231 | - | 15 | 41 | 3.58,0 | - | - | - | 211 | 31 | 18 | 41 |
| 40 | 3.27,0 | - | 13,7 | - | 230 | 34 | - | 40 | 4.00,0 | - | 15,5 | 28 | 210 | - | - | 40 |
| 39 | 3.28,0 | - | - | - | 229 | - | - | 39 | 4.02,0 | - | - | - | 209 | - | - | 39 |
| 38 | 3.29,0 | 7,4 | 13,8 | 13 | 228 | 33 | 14 | 38 | 4.04,0 | 7,7 | 15,6 | 27 | 208 | 30 | 17 | 38 |
| 37 | 3.30,0 | - | -13,9 | - | 227 | - | - | 37 | 4.06,0 | - | 15,7 | - | 207 | - | - | 37 |
| 36 | 3.31,0 | - | - | - | 226 | 32 | - | 36 | 4.08,0 | - | 15,8 | 26 | 206 | - | - | 36 |
| 35 | 3.32,0 | - | 14,0 | - | 225 | - | 13 | 35 | 4.10,0 | - | 15,9 | - | 205 | 29 | 16 | 35 |
| 34 | 3.34,0 | 7,5 | 14,1 | 12 | 224 | 31 | - | 34 | 4.12,0 | 7,8 | 16,0 | 25 | 203 | - | - | 34 |
| 33 | 3.36,0 | - | 14,2 | - | 223 | - | - | 33 | 4.14,0 | - | 16,1 | - | 201 | - | - | 33 |
| 32 | 3.38,0 | - | 14,3 | - | 222 | 30 | 12 | 32 | 4.16,0 | - | 16,2 | 24 | 199 | 28 | 15 | 32 |
| 31 | 3.40,0 | 7,6 | 14,4 | - | 221 | - | - | 31 | 4.18,0 | 7,9 | 16,3 | - | 197 | - | - | 31 |
| 30 | 3.42,0 | - | 14,5 | 11 | 220 | 29 | 11 | 30 | 4.20,0 | - | 16,4 | 23 | 195 | 27 | - | 30 |
| 29 | 3.44,0 | - | 14,6 | - | 219 | - | - | 29 | 4.23,0 | - | 16,5 | - | 193 | - | 14 | 29 |
| 28 | 3.46,0 | 7,7 | 14,7 | - | 218 | 28 | 10 | 28 | 4.26,0 | 8,0 | 16,6 | 22 | 191 | 26 | - | 28 |
| 27 | 3.48,0 | - | 14,8 | - | 217 | - | - | 27 | 4.29,0 | - | 16,7 | - | 189 | - | - | 27 |
| 26 | 3.50,0 | - | 14,9 | 10 | 216 | 27 | 9 | 26 | 4.32,0 | - | 16,8 | 21 | 187 | 25 | 13 | 26 |
| 25 | 3.52,0 | 7,8 | 15,0 | - | 215 | - | - | 25 | 4.35,0 | 8,1 | 16,9 | - | 185 | - | - | 25 |
| 24 | 3.55,0 | - | 15,1 | - | 213 | 26 | 8 | 24 | 4.38,0 | - | 17,0 | 20 | 183 | 24 | 12 | 24 |
| 23 | 3.58,0 | - | 15,2 | - | 211 | - | - | 23 | 4.41,0 | - | 17,1 | - | 181 | - | - | 23 |
| 22 | 4.01,0 | 7,9 | 15,315 | 9 | 209 | 25 | 7 | 22 | 4.44,0 | 8,2 | 17,2 | 19 | 179 | 23 | 11 | 22 |
| 21 | 4.04,0 | - | ,4 | - | 207 | - | - | 21 | 4.47,0 | - | 17,3 | - | 177 | - | - | 21 |

| | | | | | | | | | | | | | | | | |
|-----------|--------|-----|------|---|-----|----|----|-----------|--------|-----|------|----|-----|----|----|-----------|
| 20 | 4.07,0 | 8,0 | 15,5 | - | 205 | 24 | 6 | 20 | 4.50,0 | 8,3 | 17,4 | 18 | 175 | 22 | 10 | 20 |
| 19 | 4.10,0 | - | 15,6 | 8 | 203 | - | - | 19 | 4.53,0 | - | 17,5 | - | 173 | - | - | 19 |
| 18 | 4.13,0 | 8,1 | 15,7 | - | 201 | 23 | 5 | 18 | 4.56,0 | 8,4 | 17,7 | 17 | 171 | 21 | 9 | 18 |
| 17 | 4.16,0 | - | 15,8 | - | 199 | 22 | - | 17 | 4.59,0 | - | 17,9 | - | 169 | - | - | 17 |
| 16 | 4.20,0 | 8,2 | 15,9 | 7 | 197 | 21 | 4 | 16 | 5.02,0 | 8,5 | 18,1 | 16 | 167 | 20 | 8 | 16 |
| 15 | 4.24,0 | - | 16,0 | - | 195 | 20 | - | 15 | 5.05,0 | - | 18,3 | - | 165 | 19 | - | 15 |
| 14 | 4.28,0 | 8,3 | 16,2 | - | 193 | 19 | 3 | 14 | 5.09,0 | 8,6 | 18,5 | 15 | 163 | 18 | 7 | 14 |
| 13 | 4.32,0 | - | 16,4 | 6 | 191 | 18 | - | 13 | 5.13,0 | - | 18,7 | - | 161 | 17 | - | 13 |
| 12 | 4.36,0 | 8,4 | 16,6 | - | 189 | 17 | 2 | 12 | 5.17,0 | 8,7 | 18,9 | 14 | 159 | 16 | 6 | 12 |
| 11 | 4.40,0 | - | 16,8 | - | 187 | 16 | - | 11 | 5.21,0 | - | 19,1 | - | 157 | 15 | - | 11 |
| 10 | 4.44,0 | 8,5 | 17,0 | 5 | 185 | 15 | 1 | 10 | 5.25,0 | 8,8 | 19,3 | 13 | 155 | 14 | 5 | 10 |
| 9 | 4.48,0 | - | 17,2 | - | 182 | 14 | - | 9 | 5.29,0 | - | 19,6 | 12 | 153 | 13 | - | 9 |
| 8 | 4.52,0 | 8,6 | 17,4 | - | 179 | 13 | 0 | 8 | 5.33,0 | 8,9 | 19,9 | 11 | 151 | 12 | 4 | 8 |
| 7 | 4.56,0 | - | 17,6 | 4 | 176 | 12 | - | 7 | 5.37,0 | - | 20,2 | 10 | 149 | 11 | 3 | 7 |
| 6 | 5.00,0 | 8,7 | 17,8 | - | 173 | 11 | -1 | 6 | 5.41,0 | 9,0 | 20,5 | 9 | 147 | 10 | 2 | 6 |
| 5 | 5.05,0 | - | 18,0 | - | 170 | 10 | - | 5 | 5.45,0 | - | 20,8 | 8 | 144 | 9 | 1 | 5 |
| 4 | 5.10,0 | 8,8 | 18,2 | 3 | 167 | 9 | -2 | 4 | 5.50,0 | 9,1 | 21,1 | 7 | 141 | 8 | 0 | 4 |
| 3 | 5.15,0 | - | 18,4 | - | 163 | 8 | -3 | 3 | 5.55,0 | - | 21,4 | 6 | 138 | 7 | -1 | 3 |
| 2 | 5.20,0 | 8,9 | 18,7 | - | 159 | 7 | -4 | 2 | 6.00,0 | 9,2 | 21,7 | 5 | 135 | 6 | -2 | 2 |
| 1 | 5.25,0 | 9,0 | 19,0 | 2 | 155 | 6 | -5 | 1 | 6,05,0 | 9,3 | 22,0 | 4 | 132 | 5 | -3 | 1 |

ТАБЛИЦА
оценки результатов участников спортивного многоборья (тестов) по ОФП (17 лет)

| Очки | Мальчики | | | | | | | Очки | Девочки | | | | | | | Очки |
|-----------|------------------------|-----------------------|------------------|---------------------------|--------------------------|---|---------------------|-----------|----------------------|-----------------------|-----------------|--|--------------------------|----------------------------------|---------------------|-----------|
| | Бег 1000м (мин., сек.) | Челн. бег 3x10м (сек) | Бег 100 м (сек.) | Подтягивание (кол-во раз) | Прыжок в длину с/м (см.) | Подъём туловища за 30 сек. (кол-во раз) | Наклон вперёд (см.) | | Бег 1000м (мин, сек) | Челн. бег 3x10м (сек) | Бег 100м (сек.) | Сгибание и разгибание рук в упоре лёжа | Прыжок в длину с/м (см.) | Подъём а за 30 сек. (кол-во раз) | Наклон вперёд (см.) | |
| 70 | 2.38,0 | 6,2 | 11,0 | 34 | 275 | 48 | 32 | 70 | 3.00,0 | 6,5 | 12,2 | 65 | 258 | 43 | 35 | 70 |
| 69 | 2.40,0 | 6,3 | 11,2 | 32 | 273 | - | 31 | 69 | 3.03,0 | 6,6 | 12,4 | 62 | 256 | - | 34 | 69 |
| 68 | 2.42,0 | - | 11,4 | 30 | 271 | 47 | 30 | 68 | 3.06,0 | 6,7 | 12,6 | 59 | 254 | 42 | 33 | 68 |
| 67 | 2.44,0 | 6,4 | 11,6 | 28 | 269 | - | 29 | 67 | 3.09,0 | - | 12,8 | 56 | 252 | - | 32 | 67 |
| 66 | 2.46,0 | - | 11,8 | 26 | 267 | 46 | 28 | 66 | 3.12,0 | 6,8 | 13,0 | 53 | 250 | 41 | 31 | 66 |
| 65 | 2.48,0 | 6,5 | 11,9 | 25 | 265 | - | 27 | 65 | 3.15,0 | - | 13,2 | 50 | 248 | - | 30 | 65 |
| 64 | 2.50,0 | - | 12,0 | 24 | 263 | 45 | 26 | 64 | 3.17,0 | 6,9 | 13,4 | 48 | 246 | 40 | 29 | 64 |
| 63 | 2.52,0 | - | 12,1 | 23 | 261 | - | - | 63 | 3.19,0 | - | 13,6 | 46 | 244 | - | 28 | 63 |
| 62 | 2.54,0 | 6,6 | 12,2 | 22 | 259 | 44 | 25 | 62 | 3.21,0 | 7,0 | 13,8 | 44 | 242 | 39 | 27 | 62 |
| 61 | 2.56,0 | - | 12,3 | 21 | 257 | - | - | 61 | 3.23,0 | - | 13,9 | 42 | 240 | - | - | 61 |
| 60 | 2.58,0 | - | 12,4 | - | 255 | 43 | 24 | 60 | 3.25,0 | - | 14,0 | 40 | 238 | 38 | 26 | 60 |
| 59 | 3.00,0 | 6,7 | 12,5 | 20 | 254 | - | - | 59 | 3.27,0 | 7,1 | 14,1 | 39 | 236 | - | - | 59 |
| 58 | 3.02,0 | - | 12,6 | - | 253 | 42 | 23 | 58 | 3.29,0 | - | 14,2 | 38 | 234 | 37 | 25 | 58 |
| 57 | 3.04,0 | - | - | 19 | 252 | - | - | 57 | 3.31,0 | - | 14,3 | 37 | 232 | - | - | 57 |
| 56 | 3.06,0 | 6,8 | 12,7 | - | 251 | 41 | 22 | 56 | 3.33,0 | 7,2 | 14,4 | 36 | 230 | 36 | 24 | 56 |
| 55 | 3.07,0 | - | - | - | 250 | - | - | 55 | 3.35,0 | - | 14,5 | 35 | 228 | - | - | 55 |
| 54 | 3.08,0 | - | 12,8 | 18 | 249 | - | 21 | 54 | 3.37,0 | - | 14,6 | 34 | 226 | - | 23 | 54 |
| 53 | 3.09,0 | 6,9 | - | - | 248 | 40 | - | 53 | 3.39,0 | 7,3 | 14,7 | - | 224 | 35 | - | 53 |
| 52 | 3.10,0 | - | 12,9 | - | 247 | - | 20 | 52 | 3.41,0 | - | 14,8 | 33 | 222 | - | 22 | 52 |

| | | | | | | | | | | | | | | | | |
|-----------|--------|-----|------|----|-----|----|----|-----------|--------|-----|------|----|-----|----|----|-----------|
| 51 | 3.11,0 | - | - | - | 246 | - | - | 51 | 3.43,0 | - | 14,9 | - | 221 | - | - | 51 |
| 50 | 3.12,0 | 7,0 | 13,0 | 17 | 245 | 39 | 19 | 50 | 3.45,0 | 7,4 | 15,0 | 32 | 220 | 34 | 21 | 50 |
| 49 | 3.13,0 | - | - | - | 244 | - | - | 49 | 3.46,0 | - | - | - | 219 | - | - | 49 |
| 48 | 3.14,0 | - | - | - | 243 | - | - | 48 | 3.47,0 | - | 15,1 | - | 218 | - | - | 48 |
| 47 | 3.15,0 | - | 13,1 | - | 242 | 38 | 18 | 47 | 3.48,0 | - | - | 31 | 217 | 33 | 20 | 47 |
| 46 | 3.16,0 | 7,1 | - | 16 | 241 | - | - | 46 | 3.49,0 | 7,5 | 15,2 | - | 216 | - | - | 46 |
| 45 | 3.17,0 | - | - | - | 240 | - | - | 45 | 3.50,0 | - | - | - | 215 | - | - | 45 |
| 44 | 3.18,0 | - | 13,2 | - | 239 | 37 | 17 | 44 | 3.52,0 | - | 15,3 | 30 | 214 | 32 | 19 | 44 |
| 43 | 3.19,0 | - | - | - | 238 | - | - | 43 | 3.54,0 | - | - | - | 213 | - | - | 43 |
| 42 | 3.20,0 | 7,2 | - | 15 | 237 | 36 | - | 42 | 3.56,0 | 7,6 | 15,4 | 29 | 212 | - | - | 42 |
| 41 | 3.21,0 | - | 13,3 | - | 236 | - | 16 | 41 | 3.58,0 | - | - | - | 211 | 31 | 18 | 41 |
| 40 | 3.22,0 | - | - | - | 235 | 35 | - | 40 | 4.00,0 | - | 15,5 | 28 | 210 | - | - | 40 |
| 39 | 3.23,0 | - | 13,4 | - | 234 | - | - | 39 | 4.02,0 | - | - | - | 209 | - | - | 39 |
| 38 | 3.24,0 | 7,3 | - | 14 | 233 | 34 | 15 | 38 | 4.04,0 | 7,7 | 15,6 | 27 | 208 | 30 | 17 | 38 |
| 37 | 3.25,0 | - | 13,5 | - | 232 | - | - | 37 | 4.06,0 | - | 15,7 | - | 207 | - | - | 37 |
| 36 | 3.26,0 | - | - | - | 231 | 33 | - | 36 | 4.08,0 | - | 15,8 | 26 | 206 | - | - | 36 |
| 35 | 3.27,0 | - | 13,6 | - | 230 | - | 14 | 35 | 4.10,0 | - | 15,9 | - | 205 | 29 | 16 | 35 |
| 34 | 3.28,0 | 7,4 | - | 13 | 229 | 32 | - | 34 | 4.12,0 | 7,8 | 16,0 | 25 | 203 | - | - | 34 |
| 33 | 3.29,0 | - | 13,7 | - | 228 | - | - | 33 | 4.14,0 | - | 16,1 | - | 201 | - | - | 33 |
| 32 | 3.31,0 | - | - | - | 227 | 31 | 13 | 32 | 4.16,0 | - | 16,2 | 24 | 199 | 28 | 15 | 32 |
| 31 | 3.33,0 | 7,5 | 13,8 | - | 226 | - | - | 31 | 4.18,0 | 7,9 | 16,3 | - | 197 | - | - | 31 |
| 30 | 3.35,0 | - | - | 12 | 225 | 30 | 12 | 30 | 4.20,0 | - | 16,4 | 23 | 195 | 27 | - | 30 |
| 29 | 3.37,0 | - | 13,9 | - | 224 | - | - | 29 | 4.23,0 | - | 16,5 | - | 193 | - | 14 | 29 |
| 28 | 3.39,0 | 7,6 | - | - | 223 | 29 | 11 | 28 | 4.26,0 | 8,0 | 16,6 | 22 | 191 | 26 | - | 28 |
| 27 | 3.41,0 | - | 14,0 | - | 222 | - | - | 27 | 4.29,0 | - | 16,7 | - | 189 | - | - | 27 |
| 26 | 3.43,0 | - | - | 11 | 221 | 28 | 10 | 26 | 4.32,0 | - | 16,8 | 21 | 187 | 25 | 13 | 26 |
| 25 | 3.45,0 | 7,7 | 14,1 | - | 220 | - | - | 25 | 4.35,0 | 8,1 | 16,9 | - | 185 | - | - | 25 |
| 24 | 3.47,0 | - | 14,2 | - | 218 | 27 | 9 | 24 | 4.38,0 | - | 17,0 | 20 | 183 | 24 | 12 | 24 |
| 23 | 3.50,0 | - | 14,3 | - | 216 | - | - | 23 | 4.41,0 | - | 17,1 | - | 181 | - | - | 23 |
| 22 | 3.53,0 | 7,8 | 14,4 | 10 | 214 | 26 | 8 | 22 | 4.44,0 | 8,2 | 17,2 | 19 | 179 | 23 | 11 | 22 |
| 21 | 3.56,0 | - | 14,5 | - | 212 | - | - | 21 | 4.47,0 | - | 17,3 | - | 177 | - | - | 21 |

| | | | | | | | | | | | | | | | | |
|-----------|--------|-----|--------|---|-----|----|----|-----------|--------|-----|------|----|-----|----|----|-----------|
| 20 | 3.59,0 | - | 14,6 | - | 210 | 25 | 7 | 20 | 4.50,0 | 8,3 | 17,4 | 18 | 175 | 22 | 10 | 20 |
| 19 | 4.02,0 | 7,9 | 14,7 | - | 208 | - | - | 19 | 4.53,0 | - | 17,5 | - | 173 | - | - | 19 |
| 18 | 4.05,0 | - | 14,8 | 9 | 206 | 24 | 6 | 18 | 4.56,0 | 8,4 | 17,7 | 17 | 171 | 21 | 9 | 18 |
| 17 | 4.08,0 | - | 14,9 | - | 204 | 23 | - | 17 | 4.59,0 | - | 17,9 | - | 169 | - | - | 17 |
| 16 | 4.11,0 | 8,0 | 15,0 | - | 202 | 22 | 5 | 16 | 5.02,0 | 8,5 | 18,1 | 16 | 167 | 20 | 8 | 16 |
| 15 | 4.15,0 | - | 15,1 | 8 | 200 | 21 | - | 15 | 5.05,0 | - | 18,3 | - | 165 | 19 | - | 15 |
| 14 | 4.19,0 | 8,1 | 15,2 | - | 198 | 20 | 4 | 14 | 5.09,0 | 8,6 | 18,5 | 15 | 163 | 18 | 7 | 14 |
| 13 | 4.23,0 | - | 15,3 | - | 196 | 19 | - | 13 | 5.13,0 | - | 18,7 | - | 161 | 17 | - | 13 |
| 12 | 4.27,0 | 8,2 | 15,4 | 7 | 194 | 18 | 3 | 12 | 5.17,0 | 8,7 | 18,9 | 14 | 159 | 16 | 6 | 12 |
| 11 | 4.31,0 | - | 15,6 | - | 192 | 17 | - | 11 | 5.21,0 | - | 19,1 | - | 157 | 15 | - | 11 |
| 10 | 4.35,0 | 8,3 | 15,8 | - | 190 | 16 | 2 | 10 | 5.25,0 | 8,8 | 19,3 | 13 | 155 | 14 | 5 | 10 |
| 9 | 4.39,0 | - | 16,016 | 6 | 188 | 15 | - | 9 | 5.29,0 | - | 19,6 | 12 | 153 | 13 | - | 9 |
| 8 | 4.43,0 | 8,4 | ,2 | - | 186 | 14 | 1 | 8 | 5.33,0 | 8,9 | 19,9 | 11 | 151 | 12 | 4 | 8 |
| 7 | 4.47,0 | - | 16,4 | - | 183 | 13 | - | 7 | 5.37,0 | - | 20,2 | 10 | 149 | 11 | 3 | 7 |
| 6 | 4.51,0 | 8,5 | 16,6 | 5 | 180 | 12 | 0 | 6 | 5.41,0 | 9,0 | 20,5 | 9 | 147 | 10 | 2 | 6 |
| 5 | 4.55,0 | - | 16,9 | - | 177 | 11 | -1 | 5 | 5.45,0 | - | 20,8 | 8 | 144 | 9 | 1 | 5 |
| 4 | 5.00,0 | 8,6 | 17,2 | - | 174 | 10 | -2 | 4 | 5.50,0 | 9,1 | 21,1 | 7 | 141 | 8 | 0 | 4 |
| 3 | 5.05,0 | - | 17,5 | 4 | 171 | 9 | -3 | 3 | 5.55,0 | - | 21,4 | 6 | 138 | 7 | -1 | 3 |
| 2 | 5.10,0 | 8,7 | 17,7 | - | 168 | 8 | -4 | 2 | 6.00,0 | 9,2 | 21,7 | 5 | 135 | 6 | -2 | 2 |
| 1 | 5.15,0 | 8,8 | 18,0 | 3 | 165 | 7 | -5 | 1 | 6,05,0 | 9,3 | 22,0 | 4 | 132 | 5 | -3 | 1 |